

# PERSONAL VISION WORKSHEET

<p><u>Defined</u></p> <p>A mental picture of the future that evokes positive emotions.</p>	<p><u>Significance</u></p> <p>Provides direction towards a future state that is desirable and exciting to you.</p>
<p><u>Questions to Answer</u></p> <ul style="list-style-type: none"> <li>• Does it create a future state in a picture?</li> <li>• Does it make you feel good?</li> <li>• Is it interesting?</li> <li>• Is it something worth working towards?</li> </ul>	<p><u>Keys to Effectiveness</u></p> <ul style="list-style-type: none"> <li>• One sentence statement</li> <li>• Simple</li> <li>• Visual</li> <li>• Connects with mission</li> <li>• Connects to emotion</li> <li>• Creates energy, enthusiasm</li> </ul>
<p><u>Great Examples</u></p> <ul style="list-style-type: none"> <li>• Walk across the stage with my PhD</li> <li>• See all my kids graduate college</li> <li>• Move to Hawaii and live off the grid</li> <li>• Become a published author and go on a book tour</li> <li>• Become a sought-after speaker on personal and organizational success</li> <li>• Wake up every day with the people I love, doing things I love, in a place I love.</li> </ul>	<p><u>Key Words Brainstorm</u></p>
	<p><u>Vision Idea One</u></p>
	<p><u>Vision Idea Two</u></p>
<p><u>Vision Idea Three</u></p>	