


PASSION AND PURPOSE WORKSHEET

Passion An intense desire or enthusiasm for something

 Create a list of things you are passionate about. Both personal and professional. Specific or more general. There are no right or wrong answers, only the answers that are right for you.

Examples:

- ✓ Personal – dogs, landscaping, playing sports, reading, family, nature, coaching
- ✓ Professional – meaningful work, spreadsheets, client service, problem solving, speaking, analytics, selling
- ✓ General – being creative, working in teams, having fun

Personal Passion	Professional Passion
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Purpose The reason for which something is done or created or for which something exists. A higher calling that gives you meaning. Your “reason for being.”

Personal Purpose	Professional Purpose
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